Because your pay matters to you, it matters to UNISON.

You have told us you are angry about the insulting pay cuts and freezes being imposed on you. So now we believe it’s time to take action.

If the government gets its way only those at the top of their pay scale will get the 1% increase recommended by the independent Pay Review Body – everyone else gets nothing. But your bills keep going up and your work pressures increase.

Even if you do qualify for the 1% it will not increase your hourly rate so your overtime or unsocial hours payments will not increase. It’s no wonder you tell us you feel demoralised, demotivated and angry.

But don’t just tell us – tell the government by voting YES for both strike action and industrial action short of strike in response to the two questions in the UNISON pay ballot.
VOTE YES because:

- your pay is worth 10% less now than it was in 2010
- you face a pay freeze lasting until at least 2017
- you do vital jobs – paying you fairly is good for patients too.

You have been told that restraining your pay will protect jobs and services. We don’t believe that’s true. We believe that a properly motivated, trained and paid NHS workforce is good news for patients, the public and staff.

That is why you and other NHS staff will be asked to vote in a postal ballot for Fair Pay in the NHS and why UNISON is urging you to fight for a better pay deal by voting YES for action.

Look out for your ballot paper at home

The ballot opens 28 August and closes 18 September.

If you have not received your ballot paper by 3 September you can request one online at unison.org./my-unison/welcome, or by calling UNISONdirect on 0800 0 857 857.

*Lines open Monday to Friday from 6am until midnight and 9am to 4pm on Saturdays. The ballot line closes at 12 noon on 15 September and this will be the last opportunity to request a ballot paper.*

We are asking you to vote yes for both strike action and action short of strike. Any action will be designed to involve as many members as possible – causing maximum planning difficulties with the minimum impact on patients.

Wherever you work, whatever your job in the NHS, you need to have your say on pay and make your vote count.

Find out more by speaking to your UNISON rep or at unison.org.uk/nhs-pay.